2022 - 2023

MERRIMACK HIGH SCHOOL

CO-CURRICULAR CLUBS

Badminton Club Fun after school active for all levels of experience.

<u>Broadcast Club</u> the Broadcast Club is for students who want to develop their acting, reporting, filming, and editing skills.

Color Guard the Color Guard performs with the High School Marching Band for football games and parades and adds color and movement to the half time show. No experience is necessary. Training and tryouts are held in the spring for the next school year.

Creative Writing Club the MHS Creative Writing Club is the perfect club for incoming students who are looking for a community of supportive and creative peers. At our weekly meeting students are given a writing prompt, time to write, and a chance to share their work.

<u>Chess</u> <u>Club</u> if you have a love for chess or would like to pick up the game, this club is for you.

Dance Team the MHS Dance Team was founded in 2021 and is open to all levels of dancers. This team is a place where individuals can express themselves and learn about a variety of dance styles from around the world! Also, we plan to perform at sports games and other school events.

DECA is a student-centered organization whose program of leadership and personal development is designed specifically for students enrolled in marketing and/or sport and events management education classes. DECA includes a series of local, state, and national competitive activities. DECA is offered for grades 10-12.

MHS Envirothon A state-level, annual competition where teams compete to demonstrate their knowledge of environmental science in four areas.



These areas include forestry, wildlife, soils, and aquatics.

FinLit300 Advances financial literacy in the State of New Hampshire through an educational tournament which will empower high school students to apply classroom-based financial education in a contest of knowledge and skills.

Film Arts Society the MHS Film Arts Society is geared toward developing friendships among the filmmakers of the school. The main goal is to organize and represent their organization in the annual MHS Film festival. This event will be held in the spring. Students will also be able to get support for some of their personal film projects. This group will meet twice a month. Classroom-based financial education in a contest of knowledge and skills.

F.I.R.S.T. is a year-round club. We have training classes in the evenings in fall to ensure students are capable of designing, building, and shipping a robot and an animation within 6 weeks. This 6-week period begins the first or second week of January and continues into February.

Garden Club Do you want to know how to work with plants and love working with nature, then come and join the Garden club.

Granite State Challenge/Quiz Bowl

Students participate in team competitions that emphasize quick recall of factual material in all major academic disciplines along with a mix of questions about current events, entertainment, sports, and regional topics.

GSA (The Gay Straight Alliance)

The GSA is a student run group that works toward promoting the civil rights of all students. The GSA provides recreational and social activities, fundraising for important causes, opportunities for social activism, and participates in the Annual Day of Silence that focuses on the harassment and violence directed at students because of their sexual identity, whether actual or perceived. Everyone is welcome – lesbian, gay bisexual, transgender,

queer, pan, and questioning (LGBTQQ) students, as well as straight students and students with LGBTQQ families. This is a very active and friendly group of students that look forward to meeting you.

Interact Club the MHS Interact Club is a non-profit organization that acts as the high school version of the Merrimack Rotary Club. We do activities to support other non-profits, individuals and families from Merrimack and the surrounding area. Our activities change from year to year to meet the ever-changing needs of our members and community.

Math Team the Math Team gives students the opportunity to compete against area schools that are members of the Southern Mathematics Association of Senior Highs (SMASH) League.

Merrimack Mentors Merrimack

Mentors is a program that matches High School and Elementary students across the district to highlight positive role models, foster healthy relationships, and create mutual cycles of empowerment.

MHS Theatre This program is open to all students and emphasizes a "hands on" approach to theatre education with opportunities in every part of the production process.

Model United Nations the Model United Nations Club promotes a greater awareness and understanding of the purpose and workings of the United Nations (UN), international politics, and diplomacy through club meetings and conferences. Participation in the MHS Model UN will help to improve members' public speaking, writing skill, and will assist in helping members to become global citizens.

National Art Honor Society This organization is open to sophomore students who have taken and passed, with a B or better, a Visual Arts course at the High School level. There is an application process in which a teacher recommendation will be solicited. Students use their talents in the arts to make their school, community, and world a better place. Together students consider activities, events, and causes that may benefit from the group's support. Community service, exceptional character, and commitment to the NAHS sponsored events are necessary to maintain active status as a member. The NAEA/NAHS is a registered organization in which dues are paid and accountability is expected. National Honor Society the National Honor Society is an organization which students who have earned a GPA of 3.83 are invited to join. Students must fill out a student profile which demonstrates their involvement in school and community activities as well as their commitment to community service. Students interested in becoming a member of the National Honor Society should strive to maintain academic excellence and become involved in school activities and service community service projects.

NH Scholars NH Scholars is a community-based program that encourages students to take a more rigorous core course of study in high school. The program also offers career exploration opportunities for students and financial incentives to state schools upon graduation.

Random Acts of Kindness (RAOK)
Is a service club created by students in 2001. This group of students strive to make a difference in their school, their community, and their world through kindness. We believe in the power of kindness to create change to how people see and experience the world. Many students from our club have gone on to be leaders in advocacy with many diverse projects and careers. On average, ordinary people can tackle the toughest issues facing humanity, and we are starting here!

SADD Students Against Destructive Decisions. We are a club that is open to all students. It is our mission to encourage healthy, smart decision making.

Science Olympiad MHS Science Olympiad meets every Friday to tackle a variety of science topics. This club is one of many across the country, and we pride ourselves on being scholarly and hard-working, as we compete against other schools. If you love science, want to explore different topics on a team, push your academic boundaries, and have fun, stop by, and ask about MHS SO!

<u>Ski/Snowboard Club</u> the Ski and Snowboard Club is a non-competitive club open to skiers and snowboarders of all levels.

Spilt Ink A yearly publication of a literary magazine that contains poetry, artwork and short stories submitted by students across the school. Our team works together to create prompts/contests to encourage student submissions and work hard to assemble and publish the magazine. This publication comes out each spring. Student Council promotes and encourages school spirit through pep rallies, dances, and class competitions.

Students for Student Advocacy

Students working together with administration and staff for each other to make positive changes throughout Merrimack High School. School topics and student topics are freely discussed and acted upon.

Sci-Fi Club Whether you're an avid fan of Science Fiction or you are simply curious about the genre, the MHS Sci-Fi Club is the club for you. This student led club meets weekly to discuss Sci-Fi stories and to watch Sci-Fi movies and shows. From aliens and spaceships to androids and time travel, this club has everything.

<u>Women's Rights Club</u> open discussion about current events impacting women.

Yarn Enthusiasts This is a club for students who love crafting with yarn, or who want to learn. Knitting and crocheting are life-long hobbies.

These are only some of the clubs available to a student at MHS. As your child embarks on their high school career, please take the time to have them think seriously about becoming involved in one of the many clubs and activities that are offered at Merrimack High School. Students are encouraged to express their ideas for new clubs. Studies have shown that students who participate in activities have higher grade point averages, fewer discipline problems, better attendance rates, and greater connection to school. Being involved in a school club builds selfconfidence and will enhance a student's ability to deal with competitive situations later in life.

Academic Considerations for participation in Merrimack School District Co-Curricular Activities

We realize the importance of being involved in a school activity but also stress the importance of fulfilling academic requirements. If a student is struggling in a class(es) they should immediately seek help from their advisor, assistant principal, or guidance counselor.